

SPORTS HALL

TIME	ACTIVITY	PROVIDER	TELEPHONE	WHO CAN JOIN IN
10am - 11am	Multi Sports Activities	Tameside Sports Services	0161 609 1277	7-13 yrs
11am - 11.45am	Jabadao Under 5's play session	Sure Start	07870879625	under 5's (accompanied by an adult)
11am - 11.45am	Football For Little Feet	Play Development	07527 636 914	3 - 5 yr olds (accompanied by an adult)
11.45am - 12.15pm	Tameside Karate Club	Tameside Karate Club	07527 636 914	5 yrs+
12.15pm - 1.15pm	Family Badminton	Tameside Sports Services	0161 609 1277	Whole Family
1.15pm - 2.15pm	Table Tennis	Tameside Youth Services	0161 343 8663	Whole Family
1.15pm - 2.15pm	Belly Dancing	Tameside Sports Trust	0161 830 0508	14 yrs +
2.15pm - 3pm	Fun Athletics	Tameside Sports Services	0161 609 1277	Whole Family

OUTSIDE

TIME	ACTIVITY	PROVIDER	TELEPHONE	WHO CAN JOIN IN
ALL DAY 10.00am - 3.00pm	Music Point	Pavillion	-	Whole Family
	Team Building Games	SPY/ St Peters Youth	0161 214 9999	Whole Family
	Join the Scouts	Tameside Scouts	0161 339 5901	Whole Family
	Arts & Crafts	Tameside Youth Services	0161 343 8663	Whole Family
	Street Dance	Sports & Youth Services	0161 609 1277	Whole Family
1pm - 1.45pm	Health Walk (2 miles)	Tameside Sports Services	0161 609 1277	Children must be accompanied by an adult meet @ centre entrance
10am - 3pm	Bowling	Oxford Park Bowling Club	-	Whole Family (meet at bowling green)
2.30pm - 3.30pm	Netball	Tameside Sports Trust	0161 830 0508	14 yr olds

ALL WEATHER PITCH (ASTRO)

TIME	ACTIVITY	PROVIDER	TELEPHONE	WHO CAN JOIN IN
11am - 12 noon	Junior Football	Tameside Sports Services	0161 609 1277	7 – 13 yr olds
1.15pm - 2.15pm	Adult Football	Tameside Sports Services	0161 609 1277	16 yr old - Adults

FOYER (INSIDE)

ACTIVITY	PROVIDER	WHO CAN JOIN IN
Health Checks, Blood Pressure, Body Mass Index, General Health Information	NHS Tameside & Glossop	18 yrs +

TOUR AND INTRODUCTION TO THE GYM FACILITIES

Come and view the gym facilities at Oxford Park.

- 12noon - 12.15pm
- 3.00pm - 3.30pm

Staff from the centre will give you a guided tour. For further information please contact Tameside Sports Trust on 0161 830 0508

GREATER MANCHESTER FIRE SERVICE

Why not come and learn about Fire Safety and watch a car demonstration.

GREATER MANCHESTER POLICE SERVICE

Providing information on Community Safety and an opportunity to sit in a police car.



REFRESHMENTS

Refreshments will be available all day. You can purchase food and drinks/snacks from the outdoor catering unit.

PARKING

Please note there will be **NO PARKING** available in the facility car park. Limited parking around the facility.

**ALL SESSIONS ARE ON A FIRST COME FIRST SERVED BASIS,
PLEASE WEAR APPROPRIATE CLOTHING & FOOTWEAR**